## GRAB AND GO

ESSENTIALS FOR FAMILIES

✓ IBUPROFEN
✓ BANDAIDS
✓ MINTS
✓ WATER
✓ NATURE VALLEY
GRANOLA BARS
✓ HAND SANITIZER
✓ TISSUE
✓ CHAPSTICK/LOTION
STAIN REMOVER WIPES
NOTEBOOK/CALENDAR
✓ PEN

Simplify life and have these Grab and Go Essentials in your purse or bag . You'll be ready for anything!